

PERFECT MOTION WINTER TOUCH 2018: LEAGUE FORMAT

- The Winter Season will run from Monday 15th January to Monday 19th March, with Monday 26th March reserved for any cancellations. Matches will be played at 20:05hrs, 20:50hrs & 21:35hrs. There will be one taster on Monday 8th January (8pm-9.30pm) aimed at new players and referees.
- All fixtures will be played on **astro** at Beeston Hockey, Highfields Sports Club, University Boulevard, Beeston, NG7 2PS. There are changing, shower and toilet facilities on site.
- It will be a mixed league only – split into two divisions. There will be six teams in each division, with rankings based on previous autumn, summer and winter league team results and standings. All matches in Division 1 will be played on pitch 1 and all matches in Division 2 will be played on pitch 2.
- For both leagues a minimum of **three** females must be on the pitch
- Teams will play each other twice, with **NO** play-offs
- All fixtures will be advertised on www.perfectmotiontouch.com and in the newsletter. It is the responsibility of the team captain to ensure all players are made aware of fixtures.
- Any late news or cancellations will be advertised on the **PerfectMotionTouch Facebook** page and main **PerfectMotion Twitter** site.
- All fixtures will be approximately 40 minutes in length (2 x 20min halves).
- Players may only register for one team in each league and may only represent a second team if it is deemed acceptable by both captains at the start of the match. This should be also agreed with the referee.
- All junior male players count as males and cannot be classed as a female
- The cost of entry is **£300** and needs paying prior to the start of the league
- Match points for fixtures will be as follows:
 - Win = 4 points; Draw = 2 points; Loss = 1 point (team must show up)
 - A bonus point will be awarded if the team scores **four** or more touchdowns (these will be shown as bonus points in the table)
 - If a team fails to show up, or cannot field a team they will be penalised one match point and the opposition will be awarded a bonus point 4-0 win
- Teams **MUST** play in matching numbered kit. Kit can be purchased from Perfect Motion, please get in touch if you need some.
- All teams must nominate **two** referees who will be required during the season. Player referees will be supported by qualified referees from our partners **Nottingham Touch Club**.
- All other rules will be as per the standard Federation of International Touch (FIT) rules, of which a simplified version is available on request.